

GNCTR GUELPH HAS BEST PERFORMING CANADIAN CONCRETE TOBOGGAN



Guelph had several podium finishes at this year's GNCTR in London. Read more on Page 2.

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Games, gossip,
and more!

GNCTR Guelph has Best Performance in Recent Memory

By Frank Goodfellow

This past week the Guelph GNCTR (Great Northern Concrete Toboggan Race) Team went to London for the 52nd year of the competition. Hosted by an organizing committee of mainly Western Engineering Alumni, the event ran from February 4th to 8th. As UofG's resident Tbogg steering guy, I had the privilege of putting my body (specifically my liver) through some of the worst torture it's ever seen for 4 days and then ripping down Boler Mountain as fast as I can. Before that though, let's go through some of the highlights leading up to me getting behind the wheel.

The Wednesday started off strong with an 11:45am reservation at the Chuck's across the street from the hotel. As someone who passed (barely) Eng Econ last semester, I made the wise decision of getting the Wednesday special of a full rack of ribs for \$15 and splitting a pitcher of beer with someone who doesn't like beer (thanks OJ). After a full day of similar decisions, we were then ready to cover our bodies in orange paint, put on green wigs, and dance our hearts out in a 4 minute routine at the opening ceremonies. Enough said.

Day two of comp is where they mix everyone up into groups and make you walk around doing random shit that is "unique" to whatever the host city is. My personal favourites were walking through a very long ominous tunnel underneath Western's campus, playing a huckle buckle with a random faculty advisor and touring the Labatt brewery. Then after a quick power nap, I put on my bar night costume (a tutu) and hit the streets.

The Friday is a bit more tame as all the teams have their toboggans on display and are being judged throughout the day. I got to give a pretty rough presentation to a bunch of technical judges about the steering system and then get grilled for the longest 5 minutes of my life. Once that was done though, I went and asked "inquisitive" questions to any school that has an aluminum frame (this is a guarantee they outsourced their frame construction and probably couldn't make a gingerbread house if they tried). Bar night #2 was "Space Cowboy" or something like that so I stole the VP Academic's cowboy hard hat from the EngSoc office and covered it in aluminum foil.

For the grand finale, I found myself behind the wheel of a steel box, holding 5 people, sitting on waxed concrete skis facing down what felt like the steepest hill I'd ever seen. This doesn't sound too bad until you remember you're the one who made this thing and you get flashbacks to every design project you've made. What happened next was a sleep deprived blur that ended in a crowd of people cheering because our brakes actually worked. Pretty good weekend all around I'd say. @guelphgnctr

**FOLLOW
O'SNAP ON
INSTAGRAM**



THANK YOU TO OUR CONTRIBUTORS

Eva Cuddihy

Helia Minaian

Nola Hinton

Franklin Goodfellow

Mac Hilborn
(In loving memory)

Your Pal Bunsen

Bunsen Questioners

Steven Shelestowsky

Cam Billhorn

And our dedicated
supporters!

T-BOGG, T-BOGGT-BOGGT-BOGG, T-BOGGG, T-BOGGGGGGGG

by Helia Minaian

Can we please give a warm welcome back for the 24 warriors who just came from the slums of London Ontario for a competition?

That's right, we're back and more infected with Tbola than ever. And this time with the firey, addictive taste of (2nd place) victory in our mouths. Hey listen, "Best in Canada" in braking and overall performance is not too shabby for a team in a civil engineering competition without a single civil engineer. And shout-out to Lauren, who got us second place in technical display.

Huge step up for us given the circumstances of:

1. Ag Tech STEALING* our entire shop space and shoving us into 1/16th of the racing wind tunnel
2. Again, not having a single person in civil eng on our team
3. Taking a race in LONDON ONTARIO seriously

You might be friends with some of us on the team, and wondering why we sound like 70-year-old chainsmokers on the streets of Concordia Campus (big smoking population, trust me). The answer is that during this competition, we all engage in cult-like chanting behaviour which is rewarded by spirit patches. One of my personal favourites is "BERTA BERTA BERTA, OIL OIL OIL". But that's not the only thing that's rewarded at comp; new this year in our welcome bags was an unsuspecting cookie, which many an engineer consumed before reading the fine print on the back that it was, in fact, a dog treat. TMU on their own downed at least 7 of those before realizing, and about 13 after.

Why should you join GNCTR?

Most of the team is graduating, and we are desperate for general members. Please, those of us who are left would love nothing more than to get to Edmonton for comp next year and drink all their cheap liquor. Hey, we might even go for first place next year. But we can't do it alone. If you like having a good time, chanting, and trading patches and coverall limbs with other universities, this is the club competition for you.

In terms of fall-semester commitment, usually once a week depending on what you're interested in doing (attached table for figuring out what you might want to do), and it ramps up in Winter break/January with competition at the end of January/Beginning of February.

What are you interested in?	Subsection for you
Building a static structure	Frame
Building a moving mechanism	Steering or Braking
Aesthetics, Creativity, Painting	Tech Ex or Spirit
Mixing random shit together	Concrete

*Editor's Note: GNCTR's steering lead (me) used exclusively AgTech tools to make the steering system. Bit of a give and take situation if you ask me.

MY EXPERIENCE AT CALE 2026

MUSINGS ON WHY YOU SHOULD EAT YOUR LEAFY GREENS, I THINK.

By Steven Shelestowsky

This past weekend, I had the pleasure of attending CALE 2026: the Conference on Advocacy and Leadership in Engineering, hosted by McMaster University. At the conference, I had the chance to meet a ton of cool people, and hang out with my awesome friends I already knew.

When we arrived at the campus on Thursday, we immediately got to chatting with a bunch of cool people. Shoutout to Laurentian University's delegates who we adopted over the weekend—or maybe it was the other way around—and the

delegates from Conestoga College, who were my wonderful roommates. While there were many fun parts of the conference, my main goal was to learn about what it means to be a leader, and how I can be a better one. I took many bits of information away from the conference, and want to share some of what I learned.

On Friday, the first session I attended was titled Leadership: What Does It Really Mean? and was hosted by Ontario's Deputy Minister of Sport, Keith Palmer.

For me, this was an incredible way to start the conference. Palmer gave one of the best presentations I listened to this weekend, and he didn't even have a slide deck. The key takeaway was that your leadership style has to be “multifaceted,” and must adjust based on the context, and who you are talking to. There is a time and place for the autocratic, democratic, and laissez-faire leadership styles.

There were many other points which were important, like how being a leader is about taking action, and that you need to “lead by a positive example” instead of just “leading by example,” or how it is also important to understand how your voice as a leader can have an impact, and that you need to think outside the box.



Keith Palmer having discussions with students after his session.



Me and the rest of the group after touring the CCEM.

In between the sessions on Friday, I got to visit the Canadian Centre for Electron Microscopy. That was really cool. Some of the other Guelph delegates got to visit the McMaster Nuclear Reactor. I heard that it breaks the light barrier and because of this, it emits light, but it has to be 10 metres down, and you'll never believe what colour glow it emits. Those who know, or... something.

That same night, we attended the social event. For those who might be interested, McMaster's TwelvEighty has \$15 pitchers of Pabst Blue Ribbon. Do with that information what you will. I think I saw three to five different people lick the stick that night. I was going to until other people did. I'll get there one day.

On Saturday, I attended the How to be a “Champion” Mentor session hosted by Sarah Cushnie, a 6th-year Materials and Biomedical Engineering student from McMaster.

This was also a really engaging session. It is one thing to be a good leader, but it's a whole other skill to be a great mentor as well. You have to be active in your mentorship and invest in the progress of the people that you care about. Advocate for your people, and don't be passive in your duties.

Finally, on Sunday, I went to one of the shortest sessions, which ended up being one of my favourites. This session was called How to Communicate Technical Ideas, hosted by Kayla Benson, and it is exactly what it sounds like. Did you know the average attention span is 8.25 seconds? I thought it was shorter, to be honest. The point is, though, that in those 8.25 seconds, you cannot bore potential investors, your boss, or executives, with technical concepts right off the bat. You have to get them interested in what you're pitching and have them decide that they want to stick around in those first few seconds.



Guelph's delegates at the Friday social event. We stole Windsor's mascot, and nobody stole our mascot: the stick!

Most engineering ideas don't fail because they suck, but because they're not presented well. You need to tell the audience who your idea is for, what it fixes, and what the future looks like, and why it is better with your product in it.

And on Sunday, we said goodbye to the people we met along the way before going to Pita N More for lunch, which was incredible by the way. Thank you to whoever it was that recommended it. After that pit stop, we made our way back down to Guelph.



Sarah Cushnie speaking at her session.

So what's the point of all of this? If you ask me, this is the point of engineering. Maybe not specifically conferences, but something that lets you learn, grow, meet new people, and do things you've never done before. The point is not just to get high marks, but to develop the skills you will use in the real world. Get involved in extracurriculars. Meet new people. Maybe even attend a conference. Whatever it is you decide to do, make sure you're getting out there.

Be your best self.

Out of Context Quotes

This section was run in O'SNAPS of long long ago (2010 era). Prof say something in class? Lab partner phrase something a little odd? Submit your quotes to O'SNAP.

Bonus Out of Context Photo!

Feel free to submit what you think was going through Max's head when this photo was taken to @osnapguelph. Winner will be in next issue.



"Still working on that fan fic"
- Eva Cuddihy

"You're penetrating my eye" -Daniel

I swear I wore a condom" - Max

"What's your inseam" -Frank

"It's not for women or DIVERSITY!!"
-Max again

"I'll swap spit with Adrian if that's what I have to do"
-Frank

O'SNAP Comittee?

By Frank Goodfellow

Something I get asked anytime I pass someone a fresh O'SNAP is "how much of this is you?" and the answer is, thankfully, not all of it. I have quite a strong crew of regular contributors that keep this from being a bi-weekly mess of Frank nonsense. Long story short though, to continue the growth of O'SNAP in all aspects, some organization is needed (desperately).



The first step is somewhere people interested in contributing or helping the paper in anyway can collaborate and get notified when something needs to get done. Nothing screams engineer like "Discord server" so don't be too surprised that this is what every other notable eng paper uses. I know this because I've been keeping tabs on other publications through all their servers.

Join the O'SNAP Discord
please



Are you never on campus due to coop or perhaps pure hatred for attending lectures? Have you wished and prayed you could be notified and delivered a digital copy anytime a new issue of O'SNAP is released?! Well wish and pray no more dearest reader. Fill out the form to the right and get an email every issue!

Sign up for the O'SNAP mailing list



Liars Wanted

Do you enjoy telling tall tales? Are you a fan of the occasional ragebait and or prank? The Department of Intelligent Liars Dedicated to O'SNAP is looking for more satirical writers. Why you ask? The O'SNAP team (Frank) is concerned that people believe O'SNAP to be a source of true information. Although this is Guelphs most trustworthy source of engineering news that doesn't require any news to actually be true. Submit any falsehoods, misinformation and silly stories to fgoodfel@uoguelph.ca or scan the QR code on the back.

**HELP
WANTED**

Iron Ring

*After Party
2026*



*Sunday March 1st 2026
@ Royal Electric
8pm-2am*

Come celebrate the class of
2026!

For graduating students, friends
and any one else (19+)



Bi-Weekly Meme Recap

By Eva Cuddihy

DISCLAIMER: Please use bi-weekly recap in moderation. Excessive use may lead to mid semester joy or potential signs of happiness.

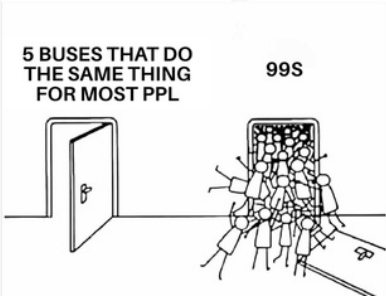


telling someone ur in engg



telling them it's water resources

the type of shi solidworks certificate has me modeling



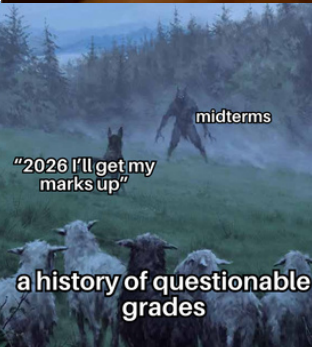
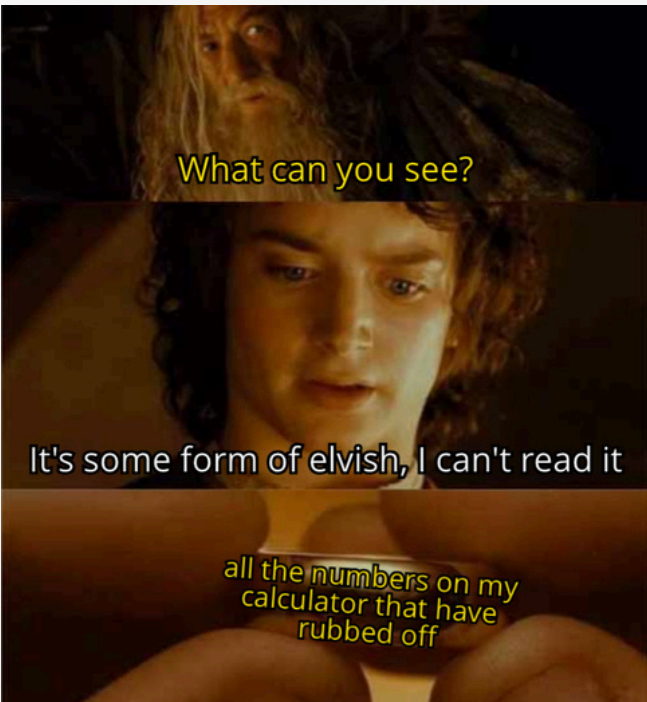
trying to not laugh at "slender member" with bro sitting beside me

ENGG*2400 sys anal

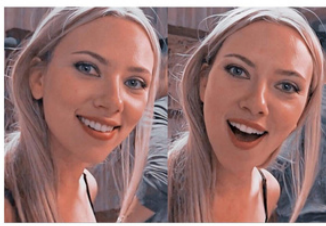
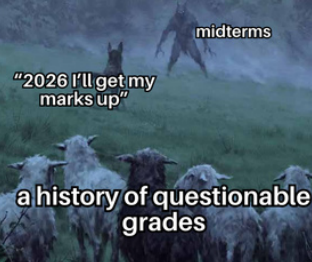


feeling accomplished studying engineering

people 5 years younger than me going to the Olympics



when my friends calculator tells me that 62/183 is equal to 62/183



seeing that one friend u always skip with actually in class



To Be Frank, Issue #9: Oranges and Oranges

By Franklin Goodfellow

To Be Frank is this years version of an editorial. I (Frank) have set aside time every other week to enjoy a beer at Brass Taps and write about whatever is on my mind.

This week's issue snuck up on the ol' editor (me) and I wanted to get it out before reading week so this *might* be less thought provoking than usual. Regardless, this topic really rubbed me the wrong way the other day. Someone was eating an orange citrus fruit and I asked where they got the oranges from. I was then rudely "corrected" as they said that they **weren't** oranges and were in fact mandarins. I actually can't remember if that's exactly what they said, because I was so distracted by how far back my eyes rolled into my head. They could have said clementines or tangerines and it would not have mattered. If you're the type of person to correct someone on what kind of orange citrus you're holding, you're now BANNED from reading O'SNAP. I can understand a lot of reasons to correct someone. For starters, it feels great and you've immediately positioned yourself as the clever monkey and them as the angry lion. However, if you ever ask one of these self proclaimed geniuses what the difference is between these 4, they couldn't tell you. What actually is the difference you ask? NOTHING, basically. In a nutshell, they are varying sizes of the same thing. What do they all look like? What do they all taste like? What colour are they? ORANGE. As an apple enjoyer I thought about if this would be the same as correcting someone for calling a Granny Smith apple a Macintosh apple. Let's refer to the lovely spot the difference I've provided on the right. As you can see, this righteous clementine behaviour needs to be banned from society. Thanks for reading.



How it feels saying "it's actually a tangerine"



Spot the differences



Beer of Paper #9: Cowbell Shindig Lager



Had this bad boy downtown for the first time not too long ago and to be Frank, it's aight. You can definitely taste the Cowbell on this one. Nothing really stood out to me too much and as a Lager guy I can't complain. It was tasty no doubt, but that's just how the pint pours.

Beer of Paper #9: Fixed Gear Brewing Fat Duck IPA



Yeah that's right, TWO beer reviews in one issue. Some of you clever readers may have pieced together by the name of this beer that it was enjoyed in the Fat Duck Gastro Pub over on Kortright. Not only that, but it was also enjoyed with a big fat juicy Fat Duck Burger. Nice unique flavour on this one, but to be honest the experiential aspect carries it a bit. A pub, burger and pint all named after a plump waterfowl? Doesn't get much better than that lads.



Biological



Get the most out of your day to day by cutting out sleep entirely. Use those extra hours to do only slightly more work than if you were to go to sleep and maybe you'll feel more accomplished.

Biomedical



Reconnect with your roots over reading week and do what you want to do. If you're not sure what you want, then maybe you should stop being an indecisive baby while you're at it.

Mechanical



Take the week off as time to not only catch up but get ahead. Come back from the break feeling fresh and prepared. Or don't I guess, it's up to you.

Mechatronics



A sticky situation is in your near future. Interpret that how you would like.

Water Resources



Prioritize short term gains and do not think critically about anything. Live life entirely in the moment. Anything beyond 10 seconds from now is none of your concern.

Systems and Computing



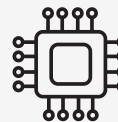
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Environmental

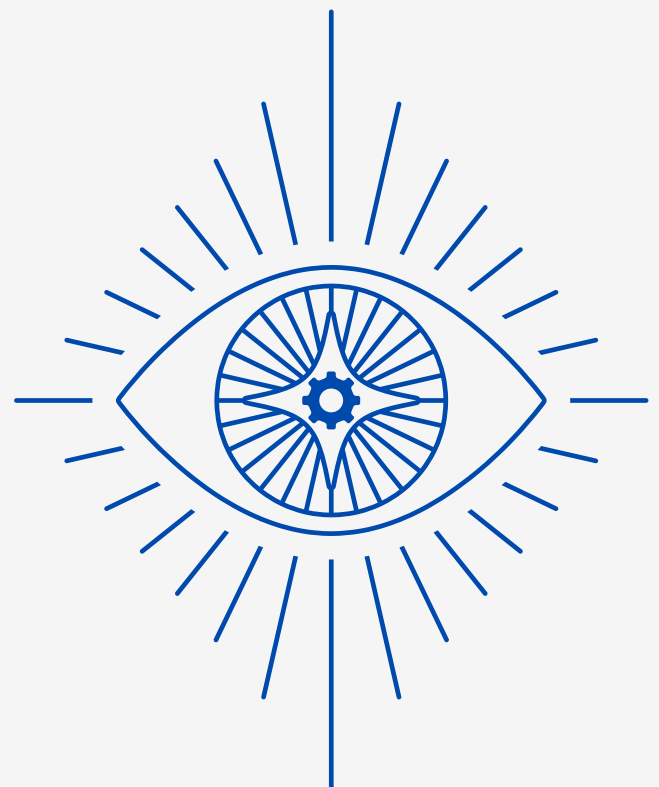


Practice self control and evaluate all situations carefully before taking action. Maybe avoid grabbing your lab partner by the ears next time they say something stupid.

Computer



Can you smell that? No, not the smell of you! There's love in the air! Release your inner romantic and show how passionate you can be.



dear BUNSEN...

Have a question you're too scared to ask your professors, classmates, housemates, or parents? Ask your friend Bunsen - rich in experience (and wit). No question is too unusual or outlandish. Just don't come running back crying if the answer isn't what you expected. The truth can be a hard pill to swallow.

I'm in a weird talking stage right now.
Should I get her flowers for V-Day?

Dear situationship enjoyer,

Ever heard of Schrödinger's cat? If you buy her flowers this talking stage might end up like the cat.

-Best, Bunsen

Dear Bunsen,

Do relationships in eng really exist or is that just business student propaganda? After a google search on the big Yahoo I was told to go study for my midterm (nah).-- That's F'ed Up! Regards.

Scan me



Dear reader,

The only "big Yahoo" is you pal. Get to studying.

Regards, Bunsen

Dear Bunsen,

What is the best campus building to have a sneaky link in?

-Freak

Dear STI fan,

The top floor of Mackinnon has a nice view of Guelph's south end. Should go well with whatever south end you're looking at.

From Bunsen

DEAR BUNSEN,

HOW DO I FIX MY SLEEP SCHEDULE?

-HONK SHOO HONK SHOO

Hey Sleepy Head,

Try explaining eigenvalues to a med student before bedtime. That should tire you out pretty quickly.
Cheers, Bunsen

DAISY CHAIN By Frank Goodfellow (Nola was busy)

Guess the 6 missing words!
Every word combines with the word below it to form a 2-word phrase or compound word. I've given you the first and last words, plus the first letters of the missing ones

H	Y	P	E	R			
E							
F							
D							
D							
J							
O							
U	P						



Ideas and
Submissions
for O'SNAP



DRAWING CONTEST

Can you draw well? Can you draw so poorly that its funny? Do you know what drawing is at all? If you answered yes to any of these questions you are qualified to enter O'SNAP's art contest! Fill in the box to the right with a drawing of anything you want. Submit your drawings to @osnapguelph or fgoodfel@uoguelph.ca. Artist of best drawing will receive a rare T-bogg patch I got last weekend.

Calling all students (especially you, engineers!) - can you read, write, or use a camera? Have some opinions you think the entire CoE should know about? Okay with working for free on top of paying thousands of dollars to do school work that will never help you in your day-to-day life? If you think you have what it takes, email submissions to fgoodfel@uoguelph.ca. Opinion pieces, conference reflections, advice, memes, comics, and more are all welcome*. Submissions for the next edition are due two weeks from this one. Submissions can be published anonymously or under a pseudonym (For the mechs, that means a fake name).

*Subject to reasonable limits. No eroticas please!